Communications & Medical Access in the Hospital During Disasters: Temporary Recommendations for Hospitals and Medical Facilities During the COVID-19 Pandemic

*developed with a consensus by deaf and hard of hearing Consumer Groups, deaf healthcare providers and other subject matter experts

The latest version of this document can be found at https://www.nad.org/covid19-communication-access-recs-for-hospital/

Deaf, hard of hearing, and DeafBlind Americans who seek medical treatment amid the COVID-19 crisis and medical professionals serving them may encounter significant barriers to communication. We estimate that up to approximately 650,000¹ Americans who are deaf, hard of hearing, or DeafBlind may go to the hospital for COVID-19 treatment. This population will be particularly vulnerable if large numbers of infected patients present simultaneously and overwhelm hospitals, creating a medical disaster setting.

Under the Americans with Disabilities Act and Rehabilitation Act, hospitals and other medical facilities are required to provide appropriate in-person and/or remote sign language interpretation services as well as textual English communications to patients and/or companions who are deaf, hard of hearing, or DeafBlind. The form of communication must comport with the specific needs of each deaf or hard of hearing patient and/or companion, as each person's communication method is individualized.

A high number of COVID-19 cases may overwhelm traditional communications services. Unfortunately, there is no way for a patient to determine this in advance of their arrival to the hospital. We urge medical professionals to familiarize themselves with backup communications

¹ Those with moderate to severe hearing loss are at risk for communication issues in the hospital as sickness will compound communication issues related to hearing. Persons with bilateral hearing loss estimated (Goman & Lin, 2016; Stevens et al., 2013) based on 327.2 million Americans: 1.5% prevalence of moderately-severe hearing loss comes out to 4.9 million; 0.04% prevalence of severe & profound hearing loss comes out to 1.3 million. COVID-19 is expected to infect 30-70% of Americans with hospitalization rates approximately 15% of those infected. This amounts to the hospitalization of between 279,000-658,000 deaf and hard of hearing people during the COVID-19 pandemic.

methods in the event traditionally accessible services are unavailable or delayed in the midst of the COVID-19 crisis.

Absent a disaster, hospitals and medical facilities must provide services that facilitate effective communication. This might include in-person sign language interpreters, Video Remote Interpreting (VRI²), lip-reading (including the use of transparent face masks), written communications, captioning or CART, or speech-to-text apps. However, in light of the COVID-19 crisis, we recognize that hospitals are overwhelmed and may not be able to provide these same services.

There are several applications and services patients can install on their own smartphones and other devices which may provide life-saving communications functionality, including video remote interpreting and live transcription services. These technologies may be essential when medical professionals are wearing personal protective equipment such as masks which may inhibit lipreading or other communication techniques.

We do not endorse particular vendors for these applications, but provide a short list of known tools below in the Appendix.

Maximizing Communication in a Medical Disaster Setting

- Patients should be made aware that they may be placed in isolation with physical barriers that may disrupt their usual accommodations and may receive limited care from medical professionals with multiple patients.
- Hospitals and medical facilities should put forth best efforts to provide communication resources if at all possible, but patients should be warned that in a medical disaster setting they may not have access to any communication resources other than what they bring to the hospital.
- Patients may come prepared with preloaded communication applications on their smartphones and other devices but it is recommended that medical facilities also have communication devices with preloaded communication applications if possible.
- Hospitals and medical facilities should place deaf, hard of hearing and DeafBlind
 patients in a ward with accessible WiFi as these communication devices depend
 on Internet connectivity. WiFi connectivity may be limited at hospitals and medical
 facilities should consider providing cellular hotspots or other means of connecting
 applications to the Internet.
- There may be limits to how accurately or completely applications can facilitate the
 transcription or interpretation of speech, particularly where medical professionals
 are communicating in noisy environments, in languages other than English,
 medical jargon, and under other challenging circumstances. There may be
 accessories available to help with some of these challenges; they are beyond the

² VRI also offers Certified Deaf Interpreters. These play, among other things, an important role in communicating with deaf patients with limited mobility, which may affect the clarity of their signing.

- scope of these recommendations. Medical professionals should be prepared to try other alternatives, including written communications on whiteboard or paper, if possible.
- Medical professionals should be aware of and accommodate as much as possible
 the use of communications applications provided by patients. Some deaf, hard of
 hearing and DeafBlind patients may not have smartphones; hospitals should at a
 minimum have whiteboards or yellow pads and markers on hand to facilitate basic
 communication. In addition, for some DeafBlind patients, writing alphabetic letters
 on their palms with a finger may be an option.
- If you have a patient who is DeafBlind, please consult the guidelines from the DeafBlind Interpreting National Training & Resource Center.

Preserving Autonomy in Medical Decision Making in a Medical Disaster Setting

- Medical professionals must respect the rights of deaf, hard of hearing and DeafBlind
 patients to understand, refuse, and agree to treatment options and make their own
 treatment decisions even if they are accompanied by a hearing family member.
- Triage protocols will be in place when hospitals are overwhelmed with patients needing
 intensive care that exceeds hospital capacity, which means that they may have to make
 difficult decisions about rationing or denying care to some patients.
- Hospitals must not consider patients' disabilities in making triage decisions.
- Patients may request an ethics consultation with the hospital administration if they suspect they are being denied care on the basis of disability.

List of Organizations and Individual Contributors (in alphabetical order)

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Appendix: List of Technology Tools³

While we do not endorse any particular vendor, we are sharing a short list of known applications, in alphabetical order. There are separate lists for people who use <u>sign language</u>, people who <u>speak</u>, <u>listen and lip-read</u>, and people who are <u>DeafBlind</u>. While patients are urged to test and practice beforehand, there is no guarantee a patient will have done this.

For People who Use Sign Language

With face-to-face communication tools, patients may want to consider supplemental speech-to-text options for understanding hearing people. Patients also may want to consider options for typing text back as a backup option. Some tools can translate between different languages.

Video Remote Interpreting

- CyraCom (iOS, Android)
- FaceTime communication between the remote interpreting agency and the deaf or hard of hearing patient using the patient's own FaceTime number in the event traditional VRI devices do not work
- Purple VRI (iOS, Android)
- Stratus VRI (iOS, Android)
- Linguabee is offering free video interpreting for COVID-19 testing

Speech to Text

- Ava (can type back, many languages) (iOS, Android)
- Google Live Transcribe (can type back, many languages) (Android)
- <u>Microsoft Translator</u> (can type back, can translate, many languages) (<u>iOS</u>, Android, Windows)
- Otter.ai (English only) (iOS, Android)
- Web Captioner (many languages) (universal web page)

Typing Back

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³ Medical professionals and patients should also be aware that some communications applications function by making audio recordings of what speakers are saying and transmitting them to Internet-based services for translation to text or sign-language. Because the recordings may contain sensitive, private medical information about the patient, medical professionals and patients should bear in mind the potential impacts on privacy.

- Big Note (<u>iOS</u>, <u>Android</u>)
- Cardzilla (iOS, Android)
- Google Keep (<u>iOS</u>, <u>Android</u>)
- Sorenson Buzz Cards (iOS, Android)

For phone calls,⁴ patients may want to consider having more than one video relay service (VRS) provider's app on the provided device, in case one provider experiences technical difficulties. Patients also may want to consider text-based relay services if they cannot get a reliable internet connection.

- Convo (iOS, Android)
- Global (iOS, Android)
- Purple (iOS, Android)
- Sorenson (iOS, Android)
- ZVRS (iOS, Android)

Text-based fallback options for phone calls

- IP Relay (iOS, Android)
- Mobile TTY or real-time text (RTT) calling 711 (iOS, some Android)

For People who Speak, Listen and/or Lip-Read

With face-to-face communication tools, patients may want to consider speech-to-text options for understanding hearing people. Patients also may want to consider options for typing text back, as an emergency back-up option, even if patients feel comfortable speaking. Some tools can translate between different languages.

Speech to Text

- Ava (can type back, many languages) (iOS, Android)
- Google Live Transcribe (can type back, many languages) (Android)
- <u>Microsoft Translator</u> (can type back, can translate, many languages) (<u>iOS</u>, <u>Android</u>, <u>Windows</u>)
- Otter.ai (English only) (iOS, Android)
- Web Captioner (many languages) (universal web page)

Typing Back

- Big Note (iOS, Android)
- Cardzilla (iOS, Android)
- Google Keep (iOS, Android)
- Sorenson Buzz Cards (<u>iOS</u>, <u>Android</u>)

⁴ The FCC currently prohibits the use of VRS when all parties to a call are in the same room. If parties are not in the same room, VRS is allowed. Patients should comply with all FCC rules.

For phone calls,⁵ patients may want to consider having more than one captioned telephone provider's app on their phones, in case their provider of choice experiences technical difficulties.

- <u>Captioncall</u> (iOS)
- ClearCaptions (iOS)
- Hamilton (Android)
- InnoCaption (iOS, Android)
- Sprint Web CapTel (universal web page)

Text-based fallback options for phone calls

- IP Relay (iOS, Android)
- Mobile TTY or real-time text (RTT) calling 711 (iOS, some Android)

For People who are DeafBlind

In addition to the tools above, DeafBlind people may want to load an application that can display text in large type.

- Apple Notes (built in on iOS)
- Make it Big (iOS)
- Cardzilla (iOS)

⁵ The FCC currently prohibits the use of IP-CTS when all parties to a call are in the same room. If parties are not in the same room, IP-CTS is allowed. Patients should comply with all FCC rules.